

## Heath Massive Run Club

### UK Athletics and Home Country Athletics Federations (HCAF)

#### Code of Conduct for Senior Athletes

##### **Introduction:**

The UK Athletics and Home Country Athletics Federations (HCAF) Codes of Conduct<sup>1</sup> set out national standards of conduct for all clubs, coaches, officials, volunteers and athletes in the sport.

Every club, club member, and anyone undertaking a relevant role must agree to abide by the codes of conduct either when they join a club as part of the club application process, or when they renew their club membership or UKA licence.

As you are a member of Heath Massive Run Club you are required to comply with the provisions of this Code and confirm you have read and understood it.

##### **Code of Conduct: Senior Athletes**

##### **As a responsible athlete I will:**

- Respect the rights of every athlete, coach, technical official and others involved in athletics and treat everyone equitably.
- Uphold the same sporting values away from sport as I do when I am engaged in athletics.
- Participate within the rules of the sport, respect decisions of coaches and officials and demonstrate respect towards fellow athletes.
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in my best interests and those of other athletes.
- Consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances.
- Anticipate and be responsible for my own needs including being organised, having the appropriate equipment, and being on time.
- Inform my coach of any other coaching that I am seeking or receiving.
- Act with dignity and display courtesy and good manners towards others.
- Avoid swearing and abusive language whilst in athletic venues, at club functions and events, or when as part of a team/squad.
- Never engage in any inappropriate or illegal behaviour.
- Challenge and report inappropriate behaviour and language by others.
- Not misuse or abuse sporting equipment and venues.
- Not carry or consume alcohol or illegal substances.
- Maintain strict boundaries between friendship and intimacy with a coach or official.

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<sup>1</sup> UK Athletics and Home Country Athletics Federations Codes of Conduct - <https://www.welshathletics.org/en/page/safeguarding-and-welfare>

- Use safe transport or travel arrangements.

**Breach of the Codes of Conduct:**

I understand that if I do not follow the Codes action can be taken by my club and I may:

- Be asked to apologise for my behaviour,
- Receive a verbal warning from my coach,
- Receive a verbal or written warning from the club committee,
- Be suspended from attending club training sessions,
- Be suspended from the club,
- Be required to leave the club.

\_\_\_\_\_ Print name

\_\_\_\_\_ Signed

\_\_\_\_\_ Date